



EMPOWERMENT LUNCH & LEARN

AWARENESS SAVES LIVES!

SATURDAY OCTOBER 7, 2023

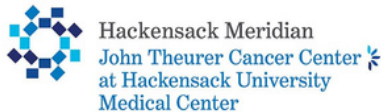
10:00AM- 2:00PM

MT. PILGRIM MISSIONARY BAPTIST CHURCH

163 AUTUMN STREET, PASSAIC NJ 07055



THANK YOU TO OUR SPONSORS:



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WE INVITE YOU TO AN INSPIRING EVENT, DEDICATED TO HONORING SURVIVORS AND RAISING AWARENESS ABOUT BREAST CANCER AND DOMESTIC VIOLENCE.

FOOD DEMONSTRATIONS

Registered dieticians from the John Theurer Cancer Center (HMH) will teach you about the importance of eating well to prevent cancer and maintain a healthy lifestyle.

CANCER SCREENING ELIGIBILITY ASSESSMENTS

Early detection is important. Let us assess if you are due for a screening and get you scheduled.

COMMUNITY RESOURCES

Connect with survivors and their families, healthcare professionals, and compassionate volunteers.

INSPIRING SPEAKERS

Engage in inspiring dialogue along with:

NJ Brain Alliance
Domestic Violence Speaker

Rachel Ishak
MSW, LSW

Jersey College Speaker

Daisy Molina
MSN-Ed., RNC-LRN, CLC, CIME

JOIN US FOR A DAY FILLED WITH EMPOWERING ACTIVITIES, INFORMATIVE TABLING, HEARTFELT CONNECTIONS AND CATERED LUNCH!



REGISTER TODAY!

SCAN THE QR CODE OR

FOLLOW THE LINK:

[HTTPS://EVENTS.HACKENSACKMERIDIANHEALTH.ORG/5DAYBD](https://events.hackensackmeridianhealth.org/5daybd)



ATTENDEES WILL RECEIVE A FREE RAFFLE TICKET FOR A CHANCE TO WIN PRIZES!

